

# TNR Emergency Action Plan

Updated 04/05/2022

*The purpose of this plan is to provide the Thursday Night Racing Program with clear, concise guidelines on what to do in emergencies that could occur during the TNR Racing Program on Thursday nights. This document is supplemental to the Downtown Sailing Center's complete Emergency Action Plan.*

## Water Related Emergency Action Steps:

1. **CLOSEST PERSON(S): Issue appropriate May Day on VHF channel 16**
  - a. WHO: 1st person who clearly sees the incident and has ability to issue call.
    - i. **If the closest person or boat is unable to make the call, the Chase Boat/Markset Boat should make call - May Day, May Day, May Day. Prompts located on Boat's Emergency Card.**
2. Follow USCG instructions for landing and take appropriate care/action for situation.
3. **Signal boat:** blast 3 horn/whistle blasts to abandon race and notify competitors on Channel 71. Proceed with Caution to assist Markset Boat
4. Only after emergency is handled, Call Programs Director(s), then Executive Director if no answer to notify full-time staff.
5. ALL OTHER BOATS STANDBY; avoid interfering with EMS but render assistance as needed.

## Land/Dock Related Emergency Action Steps:

1. **Call 911** for all serious injuries. If questioning whether to call, **Call 911 if at Dock!**
2. Address is 1425 Key Hwy. Take appropriate care/action for situation.
3. Move bystanders/onlookers away from scene and direct participants to guide EMS to injury location.
4. Only after emergency is handled, call DSC Office at 410-727-0722. If no response, participants should leave a message, then contact the appropriate staff by mobile phone and/or email as soon as possible.
  - a. Program Director: John O'Riordan 443-742-3354

## Emergency Numbers:

Emergency Medical Services (land emergencies): **911**

U.S. Coast Guard and MD Marine Patrol Units: **VHF Channel 16**

## AED STORAGE LOCATION AND USE:

**April 1 - Oct. 1:** Located in "Safety Box" dock box

**Offseason:** Located in DSC office, 1425 Key Hwy Suite 110

**\*\*\*AED MUST BE CARRIED ON MARKSET BOAT EACH WEEK AND RETURNED TO "SAFETY BOX" AFTER PROGRAMMING ENDS EACH NIGHT\*\*\***

**AED use:** Remove AED (green) from bag and remove lid. Press the "ON" button and follow prompts.

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**PERSON MUST BE REMOVED FROM WATER AND WET CLOTHING REMOVED BEFORE USING AED. DO NOT USE IN PUDDLED WATER.**

## **Program Requirements, Restrictions, Recommendations, and Emergency Details:**

**Fire on Land:** Call 911. Remove people from scene, preferably to DSC parking Lot. If fire is in Parking Lot, remove people to Pavilion.

**Fire on Boat:** Call 911 (if at docks) or VHF Channel 16 (if on water). Fan base of flame with fire extinguisher. Move people away from boat as needed. Abandon racing.

**Lightning or Thunder:** Return to docks and remove all persons from docks and boats immediately. All persons under pavilion. No sailing for 30 minutes after lightning seen or thunder heard.

**High Winds:** No sailing if Gale Warning posted. Encourage teams to place hatch covers to prevent swamping.

### **Heart Attack, Stroke:**

1. Call 911 (if at docks) or VHF Channel 16 (if on water). Then Abandon Racing.
2. Follow EMS/USCG recommendations for landing areas.
3. Prepare to Activate AED as needed (cardiac arrest, unconscious person)
4. Treat per certification

### **Sudden Illness, compound fractures, severe bleeding:**

1. Call 911 (if at docks) or VHF Channel 16 (if on water). Then Abandon Racing.
2. Follow EMS/USCG recommendations for landing areas.
3. Apply direct pressure to bleeding areas with any means necessary (use Personal Protective Equipment). Do not set fractures. Do not splint. Make person comfortable. No food/drink
4. Prepare to Activate AED as needed and treat per certification.

### **Concussions; Head, Neck, or Spinal Injuries:**

1. Call 911 (if at docks) or VHF Channel 16 (if on water). Then Abandon Racing.
2. DO NOT MOVE THE PERSON!!!
3. Stabilize the person in the position found. If in water, secure person to vessel and stabilize in water, keeping mouth and nose above water.
4. Analyze for Head/Neck/Spinal injuries using "Yes/No" prompts from a position facing person.
5. Call emergency contact number even if person does not lose consciousness.
6. Follow EMS/USCG instructions and stand by until EMS take over situation.